

IAW FITNESS, SPORTS AND ACTIVITY HOLIDAY EVENT PROGRAMME
PLAYITAS RESORT
13 - 20 JUNE 05 - 12 SEPTEMBER 2020



SPORTS/ACTIVITY AREA

	SATURDAY - DAY1	SUNDAY - DAY2	MONDAY - DAY3	TUESDAY - DAY4	WEDNESDAY - DAY5	THURSDAY - DAY6	FRIDAY - DAY7	SATURDAY - DAY8
08.00 - 08.45 EL TEATRO	NORDIC WALKING	NORDIC WALKING	NORDIC WALKING	NORDIC WALKING	NORDIC WALKING	NORDIC WALKING	NORDIC WALKING	NORDIC WALKING
09.00 - 09.50 MULTI-COURT (MC1)	BASIC POWER STEP	STEP CHOREOGRAPHY	BASIC POWER STEP	STEP CHOREOGRAPHY	BASIC POWER STEP	STEP CHOREOGRAPHY	BASIC POWER STEP	STEP CHOREOGRAPHY
10.00 - 10.50 MULTI-COURT (MC1) - OPEN*	ZUMBA FITNESS*	DANCE 4 FUN*	LATIN DANCE*	KARA-T-ROBICS*	DANCE 4 FUN*	RETRO DANCE AEROBICS*	LATIN DANCE*	DANCE 4 FUN*
11.00 - 11.50 EL TEATRO	BODYTONING	BODYTONING	BODYTONING	BODYTONING	BODYTONING	BODYTONING	BODYTONING	BODYTONING
11.00 - 11.50 SPINNING ROOM	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING
12.15 - 13.15 SPORTS/ACTIVITY AREA	BEACH VOLLEYBALL	SOCIAL TENNIS	MOUNTAIN TREK To Gran Tarajal	BEACH GAMES	GOLF INTRO	SOCIAL BADMINTON	SWIMMING	BEACH VOLLEYBALL
15.15 - 15.45 POOL APARTHOTEL - OPEN*	AQUA FITNESS*	AQUA FITNESS*	AQUA FITNESS*	AQUA FITNESS*	AQUA FITNESS*	AQUA FITNESS*	AQUA FITNESS*	AQUA FITNESS*
16.00 - 16.50 SPINNING ROOM	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING	VIBE CYCLE/SPINNING
16.00 - 16.50 MULTI-COURT (MC1)	STEP CHOREOGRAPHY	DANCE AEROBICS	STEP CHOREOGRAPHY	DANCE AEROBICS	STEP CHOREOGRAPHY	DANCE AEROBICS	STEP CHOREOGRAPHY	DANCE AEROBICS
17.00 - 17.50 MULTI-COURT (MC1) - OPEN*	FUN WORKOUT*	KARA-T-ROBICS*	ZUMBA FITNESS*	DANCE 4 FUN*	ZUMBA FITNESS*	KARA-T-ROBICS*	ZUMBA FITNESS*	KARA-T-ROBICS*
18.00 - 18.50 FITNESS CENTRE	GYM WORKOUT	GYM WORKOUT	GYM WORKOUT	GYM WORKOUT	GYM WORKOUT	GYM WORKOUT	GYM WORKOUT	GYM WORKOUT
18.00 - 18.50 EL TEATRO	YOGA	MIND & BODY WORKOUT	YOGA	MIND & BODY WORKOUT	YOGA	MIND & BODY WORKOUT	YOGA	MIND & BODY WORKOUT
EVENING	<i>21.30 - 22.30 Happy Hour (At La Bodega)</i>		<i>19.00 - 22.00 BBQ (at LA BODEGA) 20.00 - 24.00 (at Da' Luigi Terrace)</i>		<i>19.00 - 22.00 (at PLAZA RAMBLA)</i>	<i>19.00 - 22.00 (at Da Luigi)</i>	<i>21.30 (at LA BODEGA)</i>	<i>21.30 - 22.30 Happy Hour (At La Bodega)</i>
ENTERTAINMENT	LATIN PARTY		WELCOME SUMMER PARTY		NIGHT MARKET	21.00 - 23.00 POOL PARTY	LIVE ROCK BAND	LATIN PARTY
	With BASIC SALSA Lesson at 21.45		with DJ TONY G		Plus Live Music	at HOTEL POOL with DJ TONY G		With BASIC SALSA Lesson at 21.45

PLEASE NOTE: ALL CLASSES MARKED WITH AN ASTERISK (*) ARE OPEN TO ALL PLAYITAS GUESTS FREE OF CHARGE!